AKE COUNTY

PUBLIC LIBRARY

It's movies galore & more at the Dver-Schererville Library

If you love movies, the Lake County Public Library has great news for you! Schererville residents may now use their library card to stream more than 30,000 films. documentaries, and TV shows through a streaming service called Kanopy.

Each resident cardholder is able to borrow 16 shows per month, and stream them on a computer, tablet, or compatible TV. The collection includes critically-acclaimed movies, shows from History Channel and A&E, independent films, and classic cinema. For more information, visit www.lcplin.org/movies.

And there's even more! The Dyer-Schererville Branch, located at 1001 Lincoln Hwy in Schererville, also offers a monthly International Film program, featuring international, foreign language films projected onto a screen in the large meeting room. "This film series enables members of the community to gather and explore cinema from around the globe," said Assistant Manager Kelley McDonnell.

"A Tramway in Jerusalem" (a Jewish comedy/drama) is the August Feature to be shown at 1 p.m. on Monday, August 8, and Saturday, August 13. On a tramway that connects several neighborhoods, a mosaic of people from different religious and ethnic backgrounds are brought together. This film runs 94 minutes in multiple languages with English subtitles.

"A Girl Missing" (a Japanese thriller/drama) is the September Feature. It will be shown at 1 p.m. on Saturday, September 10, and Monday, September 12. A home-care nurse's relationship with the family she has spent years working for is threatened when her nephew is arrested for kidnapping their daughter. This film runs 112 minutes in Japanese with English subtitles.

More upcoming film showings may be found at www.lcplin.org/events or by calling the Information Desk at (219) 322-

Tri-Town Safety Village welcomes back children



After two years with many activities put on hold, the Tri-Town Safety Village is ready to welcome back children from throughout Lake County for fun activities and safety instruction.

"We will have more classes to catch up so no child is left behind," said William Jarvis, Executive Director of the Tri-Town Safety Village, located at 1350 Eagle Drive in Schererville. "Lake Central School **Corporation Director of Primary Education** Dr. Yolanda Bracey in conjunction with Superintendent Dr. Larry Veracco has authorized children to attend from elementary schools in Dyer, Schererville and St. John."

Children in second and fourth grades at those Lake Central elementary schools will begin field trips to the Tri-Town Safety Village soon after school begins August 10,

A grant from the Crown Point Community Foundation will also provide safety classes at the Tri-Town Safety Village for school children in Crown Point, Cedar Lake, Lowell, Winfield and Hanover Township, he noted, "The foundation members see the value of the Tri-Town Safety Village."

In addition, Lake County is looking to help support unincorporated areas, Jarvis

Town council presidents, fire chiefs and police chiefs from Dyer, Schererville and St. John are members of the Tri-Town Safety Village board of directors. "They are the driving force of the Tri-Town Safety Village," Jarvis noted.

Schererville Town Council President Robin Arvanitis serves as President of the Tri-Town Safety Village board of directors. "We are looking to extend the Safety Village classes to those children who are homeschooled," she said.

"I'm just amazed at everything that is offered. The curriculum is new and updated and is beneficial in so many ways. It concentrates on their safety and the safety of others," Arvanitis said. "Firemen and police officers from the community teach these classes and the children get to interact with them."

The Safety Village features several childsized buildings, paved streets, working traffic lights, a train depot complete with an antique caboose and a Survive Alive House that simulates an actual fire with

"It's wonderful that the children can go into the Survive Alive House and learn how to escape a fire." Arvanitis said.

In addition to fire safety, the many subjects covered include bicycle safety, bus safety, stranger danger, pool safety, bullying, pedestrian safety, how to deal with insects and animals, and railroad safety.

An added benefit is that children who attend these classes take home that information to their families. Jarvis said "The children share what they've learned which helps keep other people safe."

For more information, go to https://www.safetyvillage.us/.

"And like us on Facebook," Jarvis said.





What's Happening in Town



Pinterest

Facebook

- Waterworks Board, Redevelopment Commission, Utility Board, Town Council 7 p.m.
- Cars Party in the Park, Redar Park, 5-10:30 p.m.
- Touch-A-Truck, Redar Park, 11 a.m. to 2 p.m. Plan Commission Study Session 6 p.m.
- Schererville Market 2022, Scherwood Park, 3-8 p.m.
- Sonic 2 Party in the Park, Redar Park, 5-10:30 p.m.
- Joint Town Council/Park Board Study Session, Town Hall, 6 p.m.
- Evening Under the Stars, Redar Park, 5-9 p.m. PBR Under the Stars, Rohrman Park, 10 p.m.

PTEMBER 2022

- Board of Safety Study Session, 5:30 p.m.; Board of Safety Meeting, 6:30 p.m.
- "Party in the Park Pokemon Movie Night", Redar Park, 5-10:30 p.m. Labor Day - Town Hall closed
- Schererville Market 2022, Scherwood Park, 3-7 p.m.
- Park Board Meeting 6 p.m.
- Waterworks Board, Redevelopment Commission, Utility Board, Town Council 7 p.m.
- Schererville's Country-A-Fair, Redar Park, 11 a.m. to 4 p.m.
- Plan Commission Study Session 6 p.m.
- Schererville Market 2022, Scherwood Park, 3-7 p.m.
- Heart-Full Health Fair, Schererville Community Center, 3-6 p.m.
- Plan Commission Meeting 6 p.m.
- Schererville Market 2022, Scherwood Park, 3-7 p.m.
- Park Board Meeting 6 p.m.

- Board of Safety Study Session, 5:30 p.m.; Board of Safety Meeting, 6:30 p.m.
- Waterworks Board, Redevelopment Commission, Utility Board, Town Council 7 p.m.
- Plan Commission Study Session 6 p.m.
- Schererville Market 2022, Scherwood Park, 3-7 p.m.

NOVEMBER 2022

- Park Board Meeting 6 p.m.
- Board of Safety Study Session, 5:30 p.m.; Board of Safety Meeting, 6:30 p.m.
- Plan Commission Meeting 6 p.m.
- Election Day Town Hall closed
- Waterworks Board, Redevelopment Commission, Utility Board, Town Council 7 p.m.
- Veteran's Day Town Hall closed
- Plan Commission Study Session 6 p.m.
- 24-25 Thanksgiving Holiday Town Hall closed

DECEMBER 2022

- Park Board Meeting 6 p.m.
- Board of Safety Study Session, 5:30 p.m.; Board of Safety Meeting, 6:30 p.m.
- Waterworks Board, Redevelopment Commission, Utility Board, Town Council 7 p.m.
- 23-26 Christmas Holiday Town Hall closed
- 30 New Year's Eve Holiday Town Hall closed

Tom Schmitt, Councilmember Ward 4

Kevin Connelly, Councilmember Ward 2







Mike Troxell, Clerk-Treasure



Judge, Schererville Town Court

Help provide a fenced-in dog run at the Schererville Animal Control

Did you know that Schererville Animal Control provides shelter for hundreds of animals every year?

Vol. 9 Issue 4 • Aug. / Sept. 2022

"To keep our animals active, healthy and provide the best possible care until they are placed in their forever homes, we are raising funds for a Dog Run," said Angela Malinowski, Director of Schererville Animal Control. "The goal for 2022 is to raise \$4.200."

With the support of community members, these animals can receive the best care. Malinowski noted.

"Even better, if we reach our fundraising goal this year, we'll be able to expand our services to hundreds of animals in our community," she said.

The Dog Run will be constructed with a six-foot high fence on a 25 foot by 50 foot grassy area next to the animal control shelter. It will allow dogs to enjoy the outdoors.

The Schererville Lions Club has set up a go fund me page to raise money for the Dog Run.

"If people go to the website and search Schererville Animal Control, it will pop right up," Malinowski said. That link is https://www.gofundme.com/f/schererville-animal-controldog-run?gid=1485abfce9aa9be29e3578853ed321ab

Donations can also be made by check to Schererville Animal Control with a notation that the funds are to go for the Dog Run. Those donations can be dropped off at the animal control office, located at 25 E. Joliet Street, between the hours of 8 a.m. and 5 p.m., or mailed to that address.

In addition, donations for the Dog Run can be put in the drop boxes at Schererville Town Hall. 10 E. Joliet Street. The donation should be labeled Schererville Animal Control



Recently First Midwest Bank was purchased by Old National Bank. Customers who have been using their First Midwest bank accounts to make automatic payments for their Schererville water/sewer utility bills will need to personally update their accounts, said Deputy Clerk Treasurer Kristie Klein.

"We ask that customers who have been using their First Midwest Bank accounts to make automatic payments or who pay their utility bills with Invoice Cloud from First Midwest Bank accounts to come into the Clerk-Treasurer's office located at 10 East Joliet St.." Klein said.

"Please bring a letter from your bank (Old National Bank) with an updated routing number. In addition, if you have an updated account number that should also be in the letter," she added. "This cannot be done over the phone."

Water bills are due on the 24th of each month. Klein said.

Office hours are 7:30 a.m. to 4:30 p.m. Monday through Friday. If you have guestions, please call the Schererville Clerk-Treasurer Office at (219) 322-2211, ext. 5.

As more people make Schererville their home, it's important to know how regulations can help maintain the town's quality of life. One of those ordinances governs the storage and placement of garbage and recycling containers both on collection dates and between collection dates.

Ordinance #1801 states that garbage and recycling containers as well as vard waste must be placed on the

owner's property or adjacent to the curb within the right of way of the street or alley where that collection is made after 6 p.m. on the day before scheduled collection. The containers must then be removed from the collection location before dusk on the day of collection.

Especially important is where those containers are stored between collection dates, said Schererville Code Enforcement Officer Sam DeCero.

All containers and garbage must be placed out of sight from the street view between collection dates. They should be placed inside the garage of the residential building or behind screening, fencing or a covering alongside the home. Another option is to store the containers in the back of the property so they can't be seen from the street.

"The purpose of this ordinance regarding the placement of garbage and recycling containers at residential properties

is to avoid creating a negative impact on the residential areas of Schererville, as well as for maintenance and preservation of property values and quality of life for all town residents." DeCero noted.

Enforcement actions for violations of these standards can lead to tickets being issued and fines levied.

Stash Your Trash!

Grants provide 40 native trees planted in four large Schererville subdivision retention areas

Besides providing shade and a habitat for all sorts of wildlife, trees provide many benefits to our soil. water, air, and lives. This past spring Schererville Public Works received 40 native trees from two very generous grants - 23 trees from the Little Calumet River Basin Development Commission and 17 trees from CommuniTree.

The Little Calumet River Basin Development Commission was created in 1980 by the Indiana General Assembly to serve as the required local sponsor for the Little Calumet River, Indiana Flood Control and Recreation Project. The federal project, which was authorized for construction in the 1986

Water Resources Development Act, is designed to provide structural flood protection up to the 200-year level along the main channel of the Little Calumet River.

In northwest Indiana, the CommuniTree program grew out of the need to promote tree planting, after-planting care and maintenance of trees. CommuniTree is supported by NIRPC (Northwest Indiana Regional Planning Commission) and a dynamic partnership of community, industry and government agencies with the ultimate goal of creating a healthier and more diverse tree population.



"One of our goals this spring was to plant native trees in and along the outer edge of four large subdivision retention areas in Schererville - Autumn Creek, Pine Hill, Tara and the retention areas along Anna Street, Grand Avenue and Lori Lane," said Susan Santino, Landscape Coordinator with Schererville Public Works.

Studies have shown that these trees, as they mature, will help reduce soil erosion and storm water runoff through the root systems, by aerating the soil and absorbing the rain water, and the tree canopy, by helping to disperse the rain water, she noted.

CROSSROADS

is a publication of the

Schererville, IN 46375

Town of Schererville

10 East Joliet St

Minuteman Pres

2315 Wicker Ave

Schererville, IN 46375

Lu Ann Franklin, Edito

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"We are extremely grateful for the support from these organizations and all of the hard work they do to make our communities better for us and the future. Through their commitment, we were able to plant a diverse collection of trees - redbud, bald cypress, tupelo, shingle and swamp white oaks, ironwoods, and lindens which will benefit our community for years to come," Santino added.

So, if while driving through town, you see a tree with a funny looking water bag around the trunk, please feel free to stop and give it a hug! If you do, we'd love to see it - please share your photos with us at www.publicworks@schererville.org.



New Rohrman Park playground opens

Children can now enjoy the new larger playground at The new playground covers more than 5,000 square Rohrman Park, located at 6750 Rohrman Road. The feet at Schererville's largest park. The area designed new playground, which features separate play areas for children ages 2 to 5 features tot swings, slides, for children ages 2 to 5 and for children ages 5 to 12, and a spinner. A separate set of swings, a climbing officially opened Saturday, June 16 with a ribbon-structure, and slides are part of the play area

The improvements include ADA accessibility for children "There will be a sitting area with benches set parking area, said John Novacich, Superintendent of the said. Schererville Parks & Recreation Department.

\$122,390 helped pay for the park improvements, other Schererville parks, Novacich said. Novacich said.

designed for children ages 5 to 12.

with disabilities, including sidewalks that tie into existing between the play areas as well as other benches. sidewalks near the park's shelter and changes to the but they are currently on backorder," Novacich

In addition, the entire playground area has a poured-A Community Development Block Grant (CDBG) of in place soft rubber surface similar to that used in



SCHERERVILLE MARKET 2022

1ST & 3RD WEDNESDAYS, AUGUST THROUGH OCTOBER

3-8 P.M. (3-7 P.M. IN THE FALL)

SCHERWOOD PARK, 500 E, JOLIET ST.

This seguel will be even better than the original! And we've added four more shows. One of those new shows is Get Fit @5 held near the Log Cabin. Enjoy Yoga in the Park with Alv Juran at 5 p.m. on September 21. Participate in Zumba in the Park with Sue Bourget at 5 p.m. on August 17 and October 5. There's also Family Fitness in the Park sponsored by the Schererville Family YMCA starting at 5 p.m. on September 7 and October 19. These programs are FREE!

You'll also find farmers markets, crafts and vendors, food trucks, live music with two acts every night, other unique entertainment at each market and bounce houses! What else is new? The Schererville Market goes on RAIN OR SHINE! If the weather doesn't favor an outdoor Market, we'll move the Market inside the nearby Schererville Community Center. We are so PUMPED to be the ONLY Market that you can count on to be "Going Strong" - no matter what Mother Nature throws our way! Masks are optional.

** Interested vendors can email us at events@schererville.org **

SCHERERVILLE PARKS KIDS KORNER 2022

FRIDAYS, AUGUST 12, AUGUST 19 5-9 P.M. SATURDAY, SEPTEMBER 17 11 A.M. TO 4 P.M.

PETER G. REDAR PARK, 217 GREGORY ST.

Kids Korner is NEW this Summer! Kids ages 4-13 can enjoy hours of fun including

Unlimited Nerf Wars!!

Unlimited Play on 2 Inflatable Bouncy Slides!!

Unlimited Play at the 55-foot Game Truck (All game consoles)!!

Unlimited Play at "The Beast" - the 130-foot Giant Blow Up Obstacle Course! Single day Pre-Sale Kids Korner wristbands cost \$20 per participant and \$25 at the event. Wristbands can be picked up at the Schererville Parks tent at each event. The account holder must be present with a photo ID. Wristbands are NOT transferrable. All sales are final - no refunds.

Kids Korner is NOT a drop-off event. Parents are responsible for their children. Register at www.schererville.org/catalog.

CARS PARTY IN THE PARK (FREE MOVIE EVENT)

FRIDAY, AUGUST 12, 5-10:30 P.M.

TOUCH-A-TRUCK 2022

SATURDAY, AUGUST 13, 11 A.M. TO 2 P.M. PETER G. REDAR PARK, 217 GREGORY ST.

Vrrrrooom, Vrooooom, Vrrrrrooooommmmmmmm! Lightning McQueen and

SCHERERVILLE PARKS

Cars

IN THE

his racing pack have made an official pit stop in Schererville! So what does Schererville do? PARTY FOR TWO DAYS! Schererville Parks introduces Cars Party in the Park combined with Touch-A-Truck for this event! That's right! It's a Carfilled weekend for everyone!

So grab everyone and cruise on over for an incredible Friday and Saturday! Friday's celebration begins at 5 p.m. and includes food trucks, PNP Pop-Ups, free live music, Kids Korner, free giant yard



games, free bubble-making, free character meet-and-greets, a face painter, a tattoo artist, and the movie Cars shown at 9 p.m.

Then come on back Saturday, August 13 for Touch-A-Truck! Has your child ever asked to see a fire truck, a semi-truck or a front-end loader? Well, now is the perfect chance to let your kiddos touch, see inside and even climb through various "big" trucks.

This interactive event begins at 11 a.m. and includes more than 15 trucks, a live D.J., food trucks, crafters and vendors, a face painter, bounce houses and more! ** If interested in being a vendor for this amazing event, email us at events@schererville.org **

TANG SOO DO KARATE SESSIONS (FOR AGES 4-10)

TUESDAYS, AUGUST 16 - SEPTEMBER 20 5:30 P.M. - 7:15 P.M. SCHERERVILLE COMMUNITY CENTER, 500 E. JOLIET ST.

Our children's martial arts programs are high-energy, fun, and interactive. Martial arts classes should go far beyond just kicking and punching. Our classes focus on character development, physical fitness, and self-defense – with the primary goals of building a child's discipline, self-confidence, and self-esteem. The training at our school emphasizes encouragement and positive correction, and we work hard to ensure all students are treated with dignity and shown respect.

Our instructors, under the direction of 4th degree black belt master instructor Adam Theros, will teach curriculum that is fun, challenging, and aligns with Northwest Indiana Martial Arts Academy and the World Tang Soo Do Association. When you join our club, you become part of a world-wide organization with more than 200,000 members.

Champion Squires, ages 4-6, will attend classes from 5:30 p.m. to 6:15 p.m. Junior Knights, ages 7-10, will take lessons from 6:30 p.m. to 7:15 p.m. The fee is \$49 for residents and \$58.80 for non-residents. Masks are optional. Register at www.schererville.org/catalog.

SONIC 2 PARTY IN THE PARK (FREE MOVIE EVENT)

FRIDAY, AUGUST 19 5-10:30 P.M.

PETER G. REDAR PARK, 217 GREGORY ST.



Do you know what time it is?! It's SONIC TIME!

That's right, Sonic has returned and has made a Pit Stop in Schererville! Sonic's golden rings have gone loose! And Sonic and the gang ended smack dab in the middle of Redar Park! So we said...PARTY!!!

004

The celebration beings at 5 p.m. and includes so much - food trucks, PNP Pop-Ups, free live music, Kids Korner, free giant yard games, free giant bubble-making, free character meet-and-greets, a

face painter, a tattoo artist, and the movie Sonic 2 shown at 9 p.m. ** Interested vendors can email us at events@schererville.org **

MINIONS FOR LIFE PAINTING CLASS (ALL AGES)

SATURDAY, AUGUST 20 11 A.M. - 1 P.M. SCHERERVILLE COMMUNITY CENTER, 500 JOLIET ST.

BEEE-DOOO, BEEEE-DOOO, BEEEE-DOOO, Minions have RETURNED in *The Rise of Gru*! And Schererville Parks welcomes you to MINIONS FOR LIFE painting class led by Chris Hnatusko! All ages are welcome and all supplies will be provided.

The fee is \$30 for residents/+20% for non-residents.

Register @ www.schererville.org/catalog

EVENING UNDER THE STARS 2022

FRIDAY, AUGUST 26 5-9 P.M.

PETER G. REDAR PARK, 217 GREGORY ST Join us for an enchanting evening of Big Band and swing music under the

stars. The band *Bopology* boasts a line-up of talent from Chicago performing stylish swing and "Rat Pack" music. Bopology will perform from 7 to 9 p.m. Beer and wine are permitted so BYOB!! Lawn chairs, blankets and bug spray are absolutely encouraged!

Refreshments from food trucks will also be available, so bring along cash (there's no ATM on site).

PBR UNDER THE STARS 2022

SATURDAY, AUGUST 27 10 P.M.

ROHRMAN PARK, 6750 ROHRMAN ROAD

Join the Munster and Schererville Parks and Recreation departments for the 2nd Annual "PBR (Pennsy Bike Ride) Under the Stars." This 15-mile organized bike ride will start at 10 p.m. from Rohrman Park in Schererville and head northwest on the Pennsy Greenway Trail to Munster's Centennial Park for a mid-point pit-stop. Once the riders complete the first half, the return trip will start with a night ride through the Centennial Park golf course before hopping back onto the Pennsy to return to Rohrman Park.

Bike lights and helmets are highly recommended for all participants. Registration will be accepted by both Munster Parks and Schererville Parks. All registered participants will be entered into a drawing for various prizes. Register @ www.schererville.org/catalog.

POKEMON PARTY IN THE PARK 2022 (MOVIE NIGHT)

FRIDAY, SEPTEMBER 2 5-10:30 P.M.

PETER G. REDAR PARK, 217 GREGORY ST.

I wanna be the very best! Like no one ever was! To catch them is my real test, to train them is my cause! Are you a Pokémon Master or a new Pokémon Trainer? Join Schererville Parks as we "Catch them all" with this exciting new Pokémon Party in the Park!

The battles begin at 5 p.m. and feature so much, including

- Pokémon Guinness World Record Attempt (FREE)
- Food Trucks
- Crafters & Vendors
- Live Entertainment
- Pokémon Character meet & greets (FREE)
- Pokémon Card Giveaway (FREE, supplies limited) Pokémon Go Gym Tournament (FREE, prizes involved)
- Pokémon Costume Contest Raffle (FREE Prizes)
- Kids Korner (Unlimited Laser Tag, Nerf Wars, Giant Obstacle Course)
- Poké Rap Singalong (Intro to Movie) (FREE)
- Movie @ 9pm (Detective Pikachu) (FREE) and so much more to come!!
- **Interested crafters, vendors, and food trucks can email us at jbarnes@schererville.org

FESTIVAL OF THE VINE BUS TRIP

SATURDAY, SEPTEMBER 10 8:30 A.M. - 5 P.M.

Taste the autumn bounty in downtown Geneva, Illinois, while enjoying the flower market, arts & crafts show and live musical entertainment. Sip wines from around the world and sample mouth-watering international specialties prepared by Geneva restaurateurs. Fee includes round-trip coach bus transportation. Participants must be 21 years of age to attend this trip. We will depart from the Schererville Community Center, 500 Joliet St., at 8:30 Interested participants can email us at events@schererville.org

a.m. and return at 5 p.m. There is a minimum of 34 and a maximum of 55 participants. The cost is \$42 for residents/+20% for non-residents. Register at www.schererville.org/catalog.

SCHERERVILLE'S COUNTRY-A-FAIR 2022

SATURDAY, SEPTEMBER 17 11 A.M. TO 4 P.M.

PETER G. REDAR PARK, 217 GREGORY ST.

Who loves FALL?!?! Schererville Parks does and this year we're bringing back Country-A-Fair where there's something for the whole family!!

Enjoy free live band performances, visit the free Petting Zoo, and participate in the free Potato Sack Races, the free Whipped Cream Eating Contest, the free Pumpkin Rolling Races and the Giant Yard Games and Bubble Making. There'll also be free character meet and greets, and a free themed craft to create. Other activities that include fees are pony rides, pumpkin decorating and Kids Korner. Visit the balloon artist and tattoo artist. Enjoy the goodies offered by food trucks, and shop to your heart's content at the crafters and vendors. This will be a packed event, so come early and spend the day!

** Interested vendors can email us at events@schererville.org **

HOGWARTS AFTER DARK PAINTING CLASS (ALL AGES)

SATURDAY, SEPTEMBER 24 11 A.M. – 1 P.M. SCHERERVILLE COMMUNITY CENTER, 500 JOLIET ST.

It's the 20th anniversary of Harry Potter! Schererville Parks brings the Harry Potter painting class back with Hogwarts After Dark!! This painting class led by Chris Hnatusko welcomes all ages. All the supplies are provided and your painting even GLOWS IN THE DARK!



The fee is \$30 for residents/+20% for non-residents. Masks are optional This program WILL DEFINITELY SELL OUT! So register @

www.schererville.org/catalog.

SAUGATUCK, MICHIGAN BUS TRIP

FRIDAY, SEPTEMBER 23 8 A.M. - 5:30 P.M.

Take a trip to beautiful Saugatuck, Michigan, and enjoy shopping, art galleries and antique shops! Walk along the shore of beautiful Lake Michigan and take in the scenic beauty. This trip includes round-trip coach bus transportation.

We will depart from the Schererville Community Center, 500 Joliet St., at 8 a.m. and return at 5:30 p.m. There is a minimum of 34 and a maximum of 55 participants. The cost is \$46 for residents/+20% for non-residents.

Register at <u>www.schererville.org/catalog.</u>

HEART-FULL HEALTH FAIR

WEDNESDAY, SEPTEMBER 28 3 PM - 6 PM SCHERERVILLE COMMUNITY CENTER, 500 JOLIET ST.

Guess what day it is? Yes, it's hump day, but it's also...WORLD HEART DAY!! And what better way to celebrate than at an event that focuses on you, your health and your heart!!

Join us for this FREE EVENT that will feature an afternoon of valuable information and demonstrations that are good for you!

There will be more than 50 resource booths, screenings, a blood drive, massages, stress-relief techniques, healthy cooking demos and hearthealthy refreshments.

